

Rowley project list: **Table Napkins**

Table napkins are a fast and easy way to add design layers to a table. They add a pop of color and set off beautiful table cloths, runners and placemats for additional layers that can be quick up-sales for your business. We will only cover the fabrication steps of the table napkins in this project guide.



TABLE NAPKINS - 3 WAYS: STEP-BY-STEP INSTRUCTIONS

The napkins for this project finish at 18" x 18". Three different napkin projects will be shared: A double-sided, banded napkin, a double-sided knife-edge napkin, and a single-layered napkin finished two ways.

MATERIALS & SUPPLIES

Rowley Products

Fusible Stabilizer
 Matching Threads
 Clear-View Ruler

SKU

FB11
TG1M/
MR50

Other Materials:

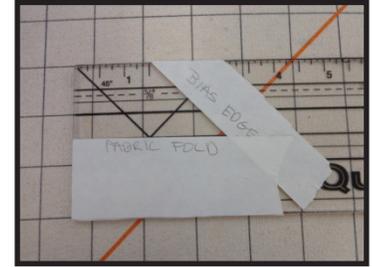
Masking Tape

Double-Sided, Banded Napkin Cutting and Prepping the Fabric:

- 1** Cut the back fabric 22" x 22".
 - A.** You will need one cut per napkin.
 - B.** This fabric will fold to the front and make the banding.
- 2** Cut the front fabric at 18" x 18".
 - A.** Cutting it slightly smaller is fine as you may end up trimming some off the sides later anyway.

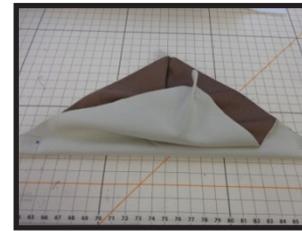
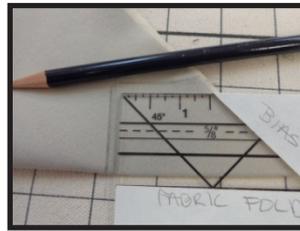
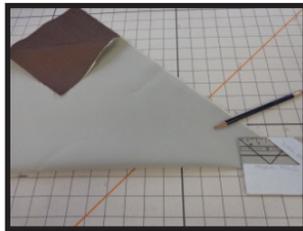
Prepping the Ruler for Mitered Corners:

- 1 Tape off the ruler as a template for the mitered corners.
 - A. Place one strip of tape parallel with the ruler, 1" down from the top. This will run along the fold.
 - B. Place a second strip of tape angled, starting from the 1 1/2" mark and ending at the 3" mark, touching the first piece of tape. This will match the bias edge.
 - C. The inside area that is now taped off will match your fabric folds in later steps.



Prepping the Back and Banding Fabric:

- 1 Fold the back fabric in half, on a bias, matching cut edges.
- 2 Place the taped off ruler on a corner, matching fold lines and bias line.
- 3 Draw around the corner of the ruler.
- 4 Pin the corner.
- 5 Complete the other three corners in the same fashion.

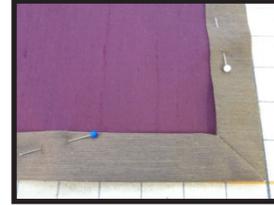


- 6 At the machine, sew on the marks. Complete all four corners.
 - A. For a good miter, it is important to sew ON the lines!
- 7 Clip out the corner, leaving 1/4" seam allowance. Also clip at the corner right up to the stitch line.
- 8 Turn right sides out and press.
 - A. This should leave a 2" band to the front and four good mitered corners.



- 9 Turn the raw edges under themselves to form a double 1" band. Press.

- 10** Lay the front fabric piece inside the band, trimming as needed so it lays flat. Pin.



- 11** At the machine, sew around napkin securing the two pieces together.



Double-Sided, Knife-Edged Napkin

Cutting and Prepping the Fabric:

- 1** Cut the front and back at 19" x 19" square.
A. You will need one cut out of face fabric and one out of back fabric for each napkin.

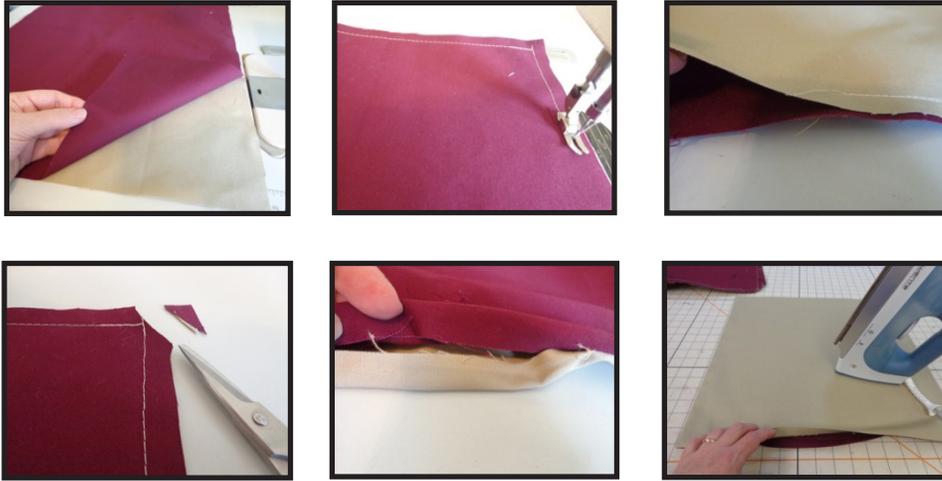


- 2** With right sides together, sew around all four sides, leaving an opening for turning.

- 3** Clip off bulk at corners.

- 4** Turn right side out. Press.

- 5** At the machine, top-stitch in a matching thread.



Single Layer Napkin - 2 Ways

Cutting and Prepping the Fabric:

- 1 Cut fabric 19" x 19" square. You will need one cut per napkin.
- 2 Fold over each side 1". Press.
- 3 Open the sides and fold the fabric under to form a double 1/2" side hem.
- 4 At the machine, top-stitch in a matching thread.
 - A. This method will leave a slightly bulky, squared corner.



For a less bulky corner and a more custom look, miter the corners.

- 1 Follow Steps 1 and 2 above.
- 2 Unfold the sides and start folding in the mitered corner.
 - A. Fold over the first 1/2" of the corner to the press line.
 - B. Fold over the corner again. Hold or pin this in place.
 - C. Fold the sides in, tucking under the edges to form a double 1/2" side hem. Press.
- 3 At the machine, top-stitch in a matching thread.

